



WALVIS BAY  
CORRIDOR  
GROUP

Wellness  
Service

# ***'Driving the Wellness message safe all the way!'***



## WELCOME

The WBCG is a Public Private Partnership initiative established in 2000 aimed at promoting imports and exports through the port of Walvis Bay to and from Southern Africa. The **Walvis Bay Corridor Group (WBCG)** consists of transporters, clearing and freight forwarders as well as other logistics service providers. Through its broad membership and diverse range of stakeholders, it offers a platform that facilitates and supports the fight against HIV/AIDS and the provision of general wellness interventions along its transport corridors. By doing so it reaches a wide, traditionally and generally perceived high HIV and AIDS mobile group within the transport sector of Namibia.

Through this initiative, the WBCG is strategically positioned and offers an ideal structure to address HIV/AIDS in a comprehensive, yet cost-effective manner by combining both public and private resources and efforts. Through the implementation of HIV/AIDS Workplace and Corridor based interventions in Namibia, the Walvis Bay Corridor

Group contributes vigorously to the goals and outcomes of the National Strategic Framework on HIV/AIDS Response in Namibia (2017/18-2021/22) and it demonstrates **“a multi-sectoral approach”** led by the HIV and AIDS/Wellness - Strategy for the Public Works & Transport Sector in action.

Through the support from both the public and private stakeholders including the development partners, the WBCG advocates and facilitate sustainable HIV/AIDS and employee workplace wellness initiatives. These smart partnerships also aims to provide technical assistance and strengthen the capacity of the WBCG in order to enable it to effectively facilitate the response of HIV/AIDS and other general wellness conditions within the workplace and along the Namibian major transport corridor routes. The ultimate goal of this project is therefore to **improve and leverage public-private partnerships** and as a result, creates sustainable health interventions in the Namibian private and public sectors.

## WHAT WE DO

The Walvis Bay Corridor Group has been proactively involved in mainstreaming the HIV response and by supporting the transport sector and other stakeholders in Namibia to design and implement evidence based HIV/AIDS and general employee wellness interventions. In order to address the advent health needs of hard to reach populations

such as long distance truck drivers and many other mobile communities (transport sector), the project has implemented “a mixed model approach” with a principle of combining static Roadside Wellness Centres and Mobile Wellness Clinics with on-site HIV/AIDS and wellness workplace interventions.



# **“Building smart partnerships through workplace and community based health programmes!”**

Through smart partnerships, the WBCG collaborates with various stakeholders within the public and private sectors and we would like to extend our appreciation for the significant contribution from all our partner stakeholders.



## Vision

WBCG is the prime driver of self-sustaining HIV and AIDS/Employee Wellness Workplace Programmes in the Namibian transport sector and the SADC region.

## Mission

Committed to provide high quality health services and thereby mitigate the impact of HIV/AIDS within the Walvis Bay Corridor Group member companies and the broader transport sector by facilitating the development and implementation of comprehensive sustainable employee workplace HIV and AIDS/Wellness programmes.

## Values

- Service:** We serve and support our members through professional, effective, efficient and relevant health services to improve and strengthen HIV/AIDS and Employee Wellness Programmes.
- Compassion:** We believe that wellness, including HIV/AIDS is part of the human condition, in which we all participate in our own unique ways. Through compassion, we lay the cornerstone of hope.
- Respect:** We believe in the value, worth and dignity of all as stipulated in the WBCG Group Workplace Policy which underline non-discriminatory services at the workplace and within the community.
- Inclusion:** We welcome and accept all our members and relevant stakeholders being part of this initiative.
- Partnership:** We cooperate with other service providers and stakeholders who also provide support and care services to the companies and communities we serve.

## OUR ROADSIDE WELLNESS CENTRES

The WBCG has established a network of roadside wellness centres across the country in collaboration with industry partners and the Ministry of Health and Social Services to provide HIV/AIDS and other primary health care related services to mobile populations such as long distance truck drivers, sex workers and general border communities within close proximity of cross border areas. The project is also supported by the Namibia Transport and Allied Workers Union (NATAU) and the Ministry of Works and Transport.

The wellness centers are established in a form of a container and attends to the health needs of the mobile populations and are conveniently located and occasionally open during hours when the mobile populations are resting for the night and therefore have time to seek health services. They help public and private stakeholders to reach critical mobile populations at the heart of major health and safety issues. An electronic health passport system links all of the centres so that treatment information can 'travel' with our clients.

### Services offered at Roadside Wellness Centres offers the following services:



**HIV Counselling and Testing (HCT)**



**HIV Treatment and Care Services (ARV)**



**CD4 Count Measurements/Tests**



**HIV Treatment and Care services**



**STI screening and Treatment**



**Risk Reduction Counselling**



**Social Behaviour Change and Communication Tools**



**Basic Primary Health Care**



**Hypertension/Blood Pressure Testing**



**Glucose (Sugar/Diabetes) Rapid Testing**



**Cholesterol Rapid Testing**



**Haemoglobin Rapid Testing**



**Referrals to Voluntary Medical Male Circumcision (VMMC) Services**



**TB Screening**



**Condom distribution**

# OUR WELLNESS CENTRES

## Walvis Bay

Operational Hours: 08:00 - 18:00  
Occasionally Moonlight Hours: 18:00 - 21:00

## Windhoek

Operational Hours: 08:00 - 17:00

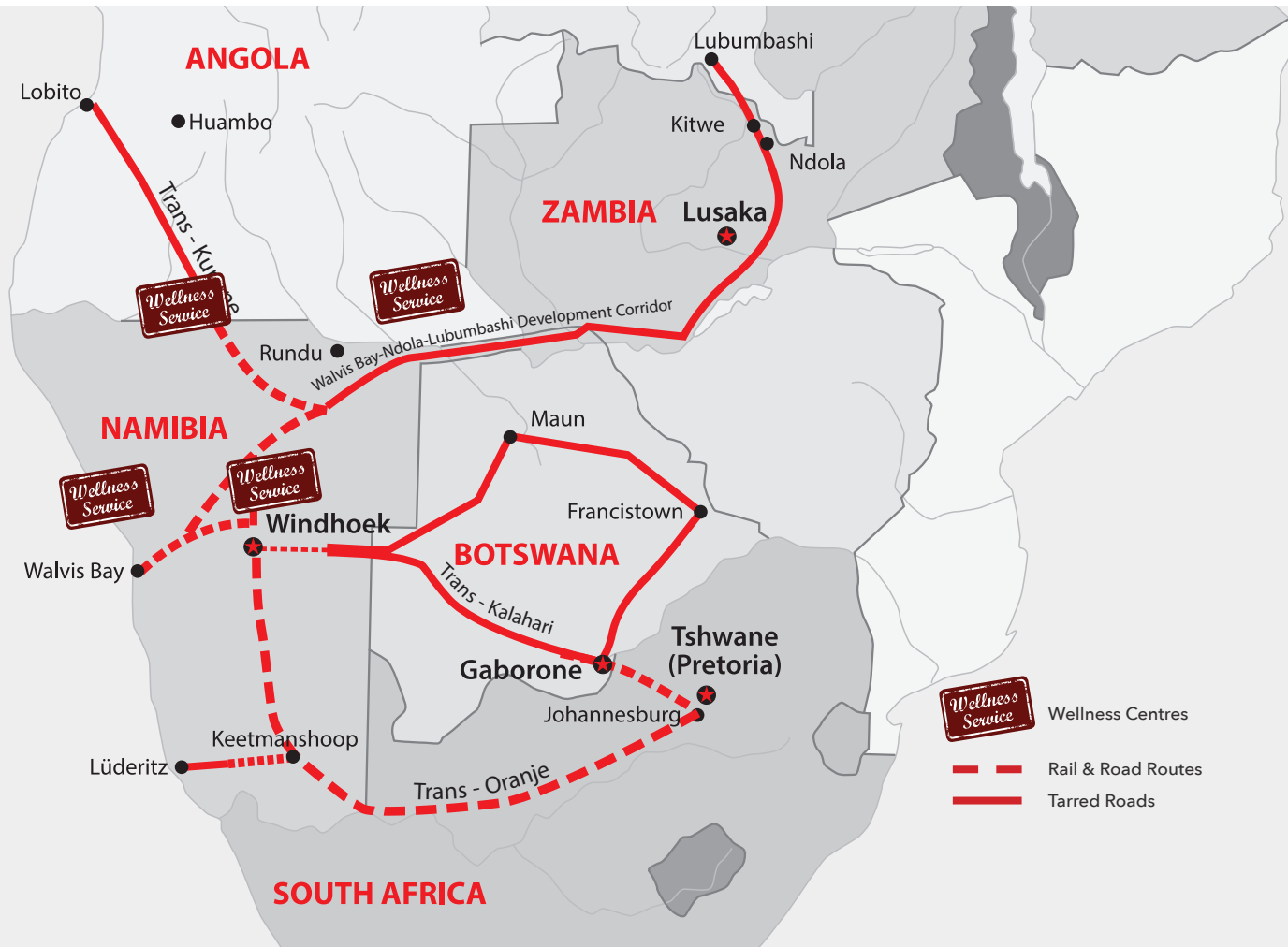
## Katima Mulilo

Operational Hours: 08:00 - 18:00  
Occasionally Moonlight Hours: 18:00 - 21:00

## Oshikango

Operational Hours: 08:00 - 17:00

## Wellness Centre Locations

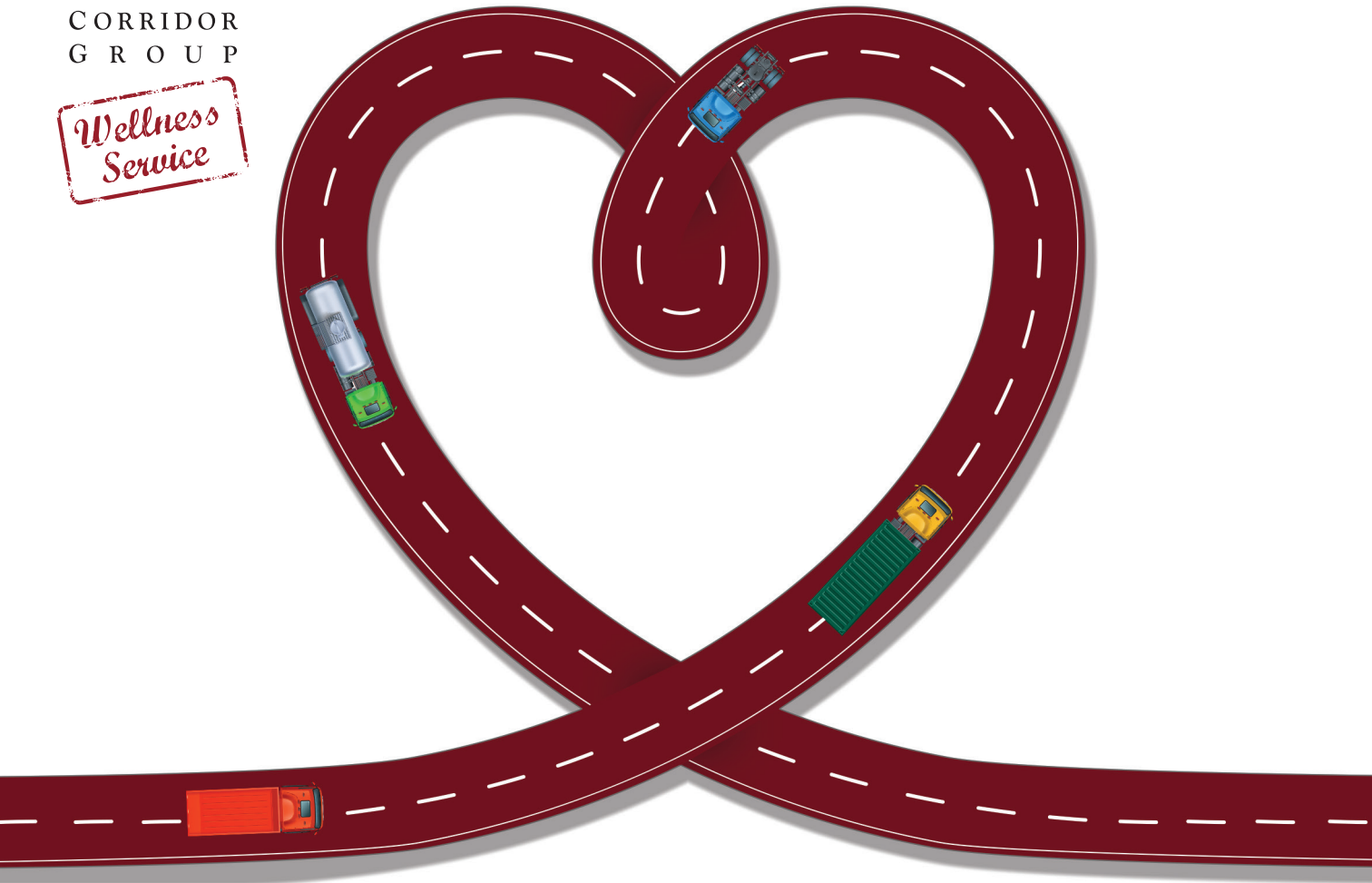




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# SUPPORTING NAMIBIA TO REACH GLOBAL HIV/AIDS TARGETS



*'Driving the Wellness message safe all the way!'*



## **OUR MOBILE WELLNESS CLINICS OFFERS THE FOLLOWING SERVICES:**

The WBCG Wellness project operates mobile wellness clinics with the main focus on providing high quality, evidence based and fast on-site biometric wellness screening services for employees within various institutions within the private and

public sectors. Our initiative spreads beyond the transport industry into allied industries and communities as a strategy to effectively contribute to the overall national response on health related matters in Namibia.



**HIV Counselling and Testing (HCT)**



**HIV Treatment and Care Services (ARV)**



**CD4 Count Measurements/Tests**



**Hypertension/Blood Pressure Testing**



**Glucose (Sugar/Diabetes) Rapid Testing**



**STI screening and Treatment**



**Risk Reduction Counselling**



**Social Behaviour Change and Communication Tools**



**Basic Primary Health Care**



**Cholesterol Rapid Testing**



**Haemoglobin Rapid Testing**



**Body Mass Index (BMI)**



**TB Screening**



**Condom distribution**



**Pulse Rate**



**Knowledge, Attitude, Practice and Behaviour Studies**



**Referrals to appropriate treatment, care and support services**



**Prostate (PSA) Antigen Rapid Test**

**and many more.**




For bookings of the WBCG mobile wellness clinics, contact the WBCG mobile wellness Service for request forms.

Walvis Bay Corridor Group Wellness Service 31 General Murtala Muhammed Avenue, Eros P. O. Box 25220, Windhoek, Namibia T. +264 61 251 669 F. +264 61 251 683 E. [wellness@wbcg.com.na](mailto:wellness@wbcg.com.na) W. [www.wbcg.com.na](http://www.wbcg.com.na)

## ***Benefits of being a WBCG Wellness Service Member***

- Small scale employee wellness screening services
- Free advice and support for employee workplace wellness implementation programmes
- Capacity building trainings for all employees including senior management cadres on employee wellness
- Preferential treatment for all your employees at all our Roadside Wellness Centres
- Free quarterly copy of the WBCG newsletter
- Discount rates on all biometric employee wellness screening services
- Free condoms and general employee wellness promotional materials
- Achieving higher employee productivity
- Improving employee morale and loyalty through targeted wellness interventions and facilitation to:
  - Enhanced recruitment and retention of healthy employees
  - Reduced healthcare costs
  - Decreased rates of illness and injuries
  - Reduced employee absenteeism
  - Improved employee relations and morale

To become a member please contact our wellness service   
See details at the back.

# Employee Workplace Wellness Programmes

The Walvis Bay Corridor Group facilitates and promotes the development and design of appropriate employees' wellness and HIV/AIDS prevention, care and support programmes in the workplace.

## Services offered through workplace programmes:



# Need assistance with Biometric Wellness Screening services at your workplace?



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